

Cover Letter

My first job was at Tom Robinson's Fish Market in Carrboro. Tom Instilled a good work ethic in me, and a joy for customer service. My second job was for a landscaper named Bary Flier and his business was called Paradise Now Landscaping. With Barry I also learned a work ethic and also got the sense of India because that was where he learned his landscaping skills. After graduating college in 2009 I volunteered to build some raised beds with the triangle land conservancy, with the help of Sun Butler from the Inter Faith Food Shuttle. Part of the joy of working outdoors. I also enjoyed working at a summer camp where we would lead extended canoe trips in Wisconsin

After graduating college I experienced the onset of mental illness. I found refuge at a work program called Caramore. I did vocational rehab mowing lawns and also as a produce associate at Walmart. I took a break from traditional work and volunteered for WWOOF in a number of states. I have not worked in a number of years but I have been busy growing vegetable plants indoors under grow lights. I planted tomatoes, pole beans, lettuce, cabbage and cucumbers.

Benjamin Rieth

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Education

UNC Chapel Hill graduated Dec. 20th 2009

B.A. **Psychology**, B.A. **Religious Studies**, GPA: 3.2

CNA Certification, May 07 2012

References

Cummie Davis

cummierdavis@yahoo.com

Personal reference, Cummie is staff at Union of Southern Service Workers, where I volunteer

Volunteer Experience

Gardens For Earth

Fundraiser to build raised beds at churches.

One Tree Planted

Fundraiser for a non profit that does tree-reforestation.

Habitat for Humanity

Worked as a volunteer in the thrift shop called Habitat Re-Store.

Animal Shelter

Volunteered to walk dogs and clean cages.

Carolina Meadows

Worked with a patient to watch movies like Lawrence Welk, and took him for walks with his wheelchair around the golf course.

Union of Southern Service Workers

Have helped with canvassing, community gardening, and reading plays.

Work Experience

World Wide Organization of Organic Farms, (WWOOF) December 2016 to December 2018

- Grew Micro-Greens
- Harvested Vegetables for Market
- Milked Cows
- Baked Bread

Whole Foods Market, Produce Associate January 2014 to December 2015

- Produce associate
- Displayed organic produce, in a neat fresh organized way
- Helped customers find produce

- Kept back room stock, neat and clean
- Took inventory, and checked inventory for freshness
- Washed produce for display

Walmart Chatham County Chapel Hill, Produce Associate, January 2013 to January 2014

- Produce associate
- Displayed organic produce, in a neat fresh organized way
- Helped customers find produce
- Kept back room stock, neat and clean
- Took inventory, and checked inventory for freshness
- Displayed meat, in a fresh and organized way

Carolina Meadows Waiter, Chapel Hill NC, September 2011 to August 2012

- Welcomed customers into the club center dining hall
- Took food and drink orders and placed orders in the computer
- Cleaned wait station and took out trash
- Completed daily side work, and set-up for catering events
- Assisted residents with special dietary needs
- Assisted residents with social activities (music, movies, church)

Cara-Clean Janitor, Chapel Hill NC, April 2010 to August 2011

- maintain equipment in clean safe working environment
- vacuum, mop, sweep, and clean bathrooms
- responsible for inventory supplies needed for daily operations
- understand OSHA and HIPPA guidelines for handling chemicals

Interfaith Food Shuttle Volunteer, Chapel Hill NC, 2010 - 2012

- Coordinated volunteers at the Irvin Learning Farm in Chapel Hill
- Harvested fall vegetables and distributed them to the IFC community kitchen
- Performed gardening tasks such as weeding, watering, and mulching
- Removed irrigation lines in preparation for fall tilling
- Operated the rotor-tiller to create beds

UNC Student Stores Cashier, Chapel Hill NC August 2008 & 2009

- Responsible for cash and credit card receipts for store purchases
- Assisted students with finding appropriate materials/books for their course curriculum
- Receiving and unpacking of materials to be stocked and sold

- Took phone orders for and packaged books for student pre-order
- Maintain a neat organized work area

Manito-Wish YMCA Camp Counselor, Boulder Junction WI, May to August 2006 & 2007

- Trip leader certified in wilderness first aid, CPR
- Led five day canoe camping trips
- Assisted campers in maintenance and proper setting up of equipment
- Mentor to cabin group
- Supervised campers during, cabin activities while swimming and during mealtime
- Assisted campers during chores

PM Cook for Camp Manitowish Girls Camp Session May to September, 2006 & 2007

- Prepped and cooked vegetarian meals and spaghetti dinners
- Expedited meals and utilized the food hot-box for serving 200 campers
- Maintained kitchen in clean safe working environment
- Responsible for dishwashing: pots and pans, and sweep and mopping
- Inventory, stock and organized walk-in cooler, and dry pantry

Am Breakfast Cook, Nantahala Outdoor Center, May to September 2004 & 2005

- Prepped and cooked breakfast for kayak clinic guests and staff
- Prepared family style meals: eggs, french toast, pancakes, bacon, hash browns
- Organized and cleaned walk-in cooler
- Prepared lunch and pack-out lunches for staff
- Operated meat slicer and made lunch items hummus, tuna salad, egg salad, hamburgers

Paradise Now Landscaping, Chapel Hill, NC 2004 - 2006

- Built rock walls around outside of beds
- Raked leaves and maintained garden area
- Dug holes for planting plants
- Mulched beds around plants
- Moved topsoil to create beds
- Tilled beds using a Maddox

Tom Robinson's Seafood Market, Carrboro NC, January 2000 to August 2004

- Cleaned and restock counters with fresh fish items for retail
- Responsible for cash-only sales
- Prepared fish for wholesale delivery orders and made cashiers receipts

- Cleaned and scaled fish, maintain a clean safe working environment
- Responsible for opening and closing operations